

Trajectory for Success 2006

How many Energy Work practitioners do you know who struggle with having a solid, consistent financial foundation. How many of these people do you see as dedicated to being a spiritual conduit for healing and enlightenment, yet what they receive tangibly in return (aka money) does not fit with their level of commitment and hours of practice and study? Does this sound familiar to you as well?

In past cultures, healers and teachers were physically supported by their tribe, clan or family. Their position was one of esteem as their value was rooted in their belief in God. They also knew that without the knowledge and wisdom of the healer, that they would die. In today's world – which is increasingly disconnected from God and the Earth Mother – the value of the healer has been demoted and there is no longer the belief that they must be provided for. So, where does this leave us? Even though our soul longs to live a life of being in service to others and contemplation, we can no longer do it as in days gone by.

Yes, the Creator will provide all that we need, and we have a multitude of Angels and Guides waiting to assist us in our endeavours. But, to move from 'surviving to thriving' takes a concerted effort on your part through developing your own master plan. The key to moving from surviving to thriving lies in this statement is knowing that The divine energies that you open yourself up to as a healer differ from the energy required to build a business.

Think of it as two streams: the first being a healing, nurturing one with a feminine energy source, and the second stream being a direct, assertive, analytical thinking one based in masculine energy. Your strength and passion as a healer lies in the first, *and* you need to be grounded and skilled in the second to build a successful practice. Knowing this is critical. As holistic practitioners you can end up blaming yourself when your practice struggles. In turn, this creates further blocks to attracting people who truly need your expertise.

As a teaching consultant and business coach for Reiki Masters and Lightworkers, I've discovered that these six areas form the foundation for a strong master plan for success and abundance:

Owning your Accomplishments: This includes owning both the personal, financial and spiritual commitment it has taken to get you to this point in time in your life. With this, have gratitude for all that you have received in life thus far, and being on Earth to be in service to others.

Set Goals: Setting concrete, written goals that you both wish and need to achieve (to stay in business) with strategies, time frames and measurable results are key. Know that these goals may not be the ones that you actually reach – by setting them you open yourself up to new avenues for abundance to come into your life.

Move to Action: Moving to action means doing tangible, concrete things to achieve your goals and consistently attract people who need your service.

Know your Core Beliefs: These are ‘truths’ that you have about yourself that you have learned to believe through your experiences. These beliefs are not necessarily true, but our energy and actions flow from them. And those that are false, are the ones that create blocks for your practice.

Align Your Emotions with Success: Moving into action and setting goals cannot occur in a vacuum. Maintaining your passion about your endeavours needs to align with these.

Incorporate Manifesting Tools: These types of tools are as limitless as you are and on the highest level include prayer and working with our Angels and Guides. Learn how to do this strategically and with gratitude – they are waiting there for you to ask. And we have amazing manifesting tool available to us on the human plane: Masterminding with others.